# Protective Effect of Ertugliflozin against Acute Lung **Injury Caused by Endotoxemia Model in Mice**







#### ARTICLE INFO

# Article Type Original Research

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#### How to cite this article

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#### ABSTRACT

Aims Endotoxemic shock is characterized by multiple organ dysfunction, acute Lung Injury, acute respiratory distress syndrome, and high mortality. This study aimed to investigate the protective effect of ertugliflozin against acute lung injury during endotoxemia.

Materials & Methods Twenty adult Swiss-albino male mice, 9-13 weeks old, weighing 20-35 g, were divided into four groups (n=5) at random: the sham group (laparotomy without Cecal Ligation Puncture, CLP), the sepsis group (CLP), the vehicle group (DMSO for one week), and the ertugliflozin group (20 mg/kg/day orally for one week before CLP). After 24 hours of CLP, the lung tissue was removed and used for histological analysis. The inflammatory cytokines, including IL-1β, IL-6, TNF-alpha, TLR4, MIF, oxidative stress marker, and 8-isoPGF2-alpha, were measured.

Findings In sepsis group, lung tissue levels of IL-6, IL-1, TNF-, MIF, TLR4 and F2-isoprostane were substantially greater than those in the sham group. In comparison to the sepsis group, the ertugliflozin treated mice exhibited significantly lower levels of inflammatory cytokines. Histologically, all of the mice in the sepsis group had considerable lung tissue injury, but in the ertugliflozin pre-treated group, there was a significant reduction in lung tissue injury. Conclusion Ertugliflozin attenuates lung dysfunction during endotoxemia in male mice via downstream inflammatory and oxidative stress signaling pathways.

Keywords Ertugliflozin; Interleukin-6; Interleukin-1β; Tumor Necrosis Factor-alpha; Macrophage Migration-inhibitory Factor

## CITATION LINKS

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### Article History

Received: January 1, 2023 Accepted: March 12, 2023 ePublished: March 19, 2023 [1] Nephroprotective effect ... [2] Surviving sepsis ... [3] Gram-positive and ... [4] Sepsis and ... [5] Targeting CD44 ... [6] Pathophysiology of ... [7] Acute respiratory ... [8] Lung morphology ... [9] Pro-inflammatory ... [10] Lipocalin-2 protects ... [11] Toll-like receptors 4 ... [12] Biomaterial-based ... [13] The role of ... [14] The effects of ... [15] Mediatory roles ... [16] Systemic inflammatory ... [17] Protective effect ... [18] Potential protective ... [19] Protective effect ... [20] Rodent models ... [21] Rodent models ... [22] Pharmacokinetics, metabolism ... [23] Ertugliflozin ... [24] Overview ... [25] Novel combination ... [26] Preclinical ... [27] Spotlight on ... [28] SGLT2 inhibitors ... [29] Identification of ... [30] Canagliflozin alleviates ... [31] The role ... [32] Peroxisome ... [33] Comparison of ... [34] The cardioprotective ... [35] Effects of ... [36] Neuroprotective ... [37] Combination ... [38] Sepsis: The ... [39] The lung ... [40] Paclitaxel alleviated ... [41] Protective effect ... [42] Protective effect ... [43] Glucagon-like ... [44] Signalling ... [45] 30 years of NF-κB ... [46] Dexmedetomidine ... [47] Narciclasine ... [48] Lung protective ... [49] Canagliflozin ... [50] The Na+/glucose ... [51] A systematic ... [52] The dynamic ... [53] AMPK activation ... [54] Effects of SGLT2 ... [55] Empagliflozin ... [56] Tofogliflozin ... [57] Sodium-glucose ... [58] Treatment of ... [59] Effects of ... [60] Oxidative stress ... [61] Long-term ... [62] The SGLT2 ... [63] SGLT2 inhibitors ... [64] Inhibition of ... [65] The sodium-glucose ... [66] Effect of ... [67] Dapagliflozin ... [68] The Sodium-Glucose ... [69] Glucagon-like ...

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# Protective Effect of Ertugliflozin against Acute Lung Injury Caused by Endotoxemia Model in Mice

### Introduction

The most frequent disease among patients in critical care units is endotoxemia, a Systemic Inflammatory Response Syndrome (SIRS) brought on by infection [1]. A modern study for the Institute of Health Metrics and Evaluation on the widespread of sepsis globally assessed 48.9 million of sepsis conditions and 11 million deaths worldwide, which make up about 20% of all deaths globally [2]. The most serious type of sepsis, endotoxic shock, is spurred on by gramnegative bacterial infections [3].

It is associated with a higher mortality rate of 40%, compared with the 10% mortality observed with sepsis [4]. Acute Respiratory Distress Syndrome (ARDS), Acute Lung Injury (ALI), severe hypotension, rising metabolic acidosis, SIRS, numerous organ failure, and significant mortality are the hallmarks of this shock [3]. The lung is the most exposed and captious organ in sepsis [5], and eventually, lung dysfunction results in lung failure in the form of acute respiratory distress syndrome [6]. ARDS proceed quickly appears within minutes to hours of sepsis onset, where it occurs as a sudden development of severe hypoxemia. The lungs become filled with fluid and are badly compliant, as a result, breathing becomes more difficult. New bilateral diffuse or pulmonary infiltrates will show on chest x-ray, and mechanical ventilation is generally required [7]. Areas of the lung with broken endothelia turn to be filled with neutrophils and macrophages. Interstitial venules develop edema, deposition of fibrin, and surfactant reduction also occurs. Such lung regions become dense and unwell-compliant because gas exchange becomes minimal [8].

Amplification of the host response to infection develops in sepsis and, as a result, variation among pro- and anti-inflammatory responses with a predominance of pro-inflammatory ones [9]. Proinflammatory cytokines continue to be produced due the spreading of inflammation over the bloodstream, which results in increased formation of cytokines in distant spaces [10].

Toll Like Receptors (TLRs) are the most families of the pattern recognition receptors studied, and TLR4 is the most important among this family. TLR4 can recognize Lipopolysaccharide (LPS) and stimulate immune response [11] in order to keep the body against infection. TLR4 and nuclear Factor-κB (NFκB) are the main regulators of inflammation [12].

The severity of inflammatory response is linked with the expression level of TLR4 and ALI induced by LPS, resulting in activation of NF-kB that leads to stimulation of pulmonary cytokines such as Tumor Necrosis Factor Alpha (TNFα), IL(Interleukin)-1β, IL-6, and in mice with TLR4 [13]. As a response to cytokines produced by immune cells, the endothelial cells manifest adhesion molecules and yield vasoactive compounds, inflammatory mediators, and

chemoattractants molecules that cause shifting anticoagulant state to pro-coagulant. Local activation of endothelial cells helps combat the infection source, while systemic activation causes microvascular thrombosis, permeation in capillaries, decreased blood pressure, tissue hypoxia, and lastly tissue damage [14].

Enhanced endothelial vascular permeability in various organs results in plasma extravasations and bacterial translocation, which may play a role in the development of severe tissue damage [15].

The recognition of pro-inflammatory components (e.g., cytokines, endotoxin) give declaration that sepsis may be generated through administration of these molecules into experimental animals to detect particular agents that counteract, prevent or restrict the possible damaging effects of such compounds [16]. The Cecal Ligation and Puncture (CLP) model causes LPS, a gram-negative bacteria element that was considered as a basic regulator of the pathogenesis of bacterial infections and is involved in endotoxic crisis [17]. The illness begins with a localized infection caused by microorganisms such as bacteria, which progresses to tissue invasion via the bloodstream, as a result of which sepsis and endotoxic shock occur, the major symptoms of which are low blood pressure, ischemia, organ damage, and death [18, 19]. CLP model of polymicrobial sepsis is the most widely used model as it thoroughly looks alike the development and features of sepsis in humans because the cecum is filled with bacteria, so its puncture cause polymicrobial peritonitis, bacteremia (bacteria move into the blood), multiple organ malfunction, septic shock, and eventually death [20]. It is usually established that CLP represents clinical actuality more precisely than other practices, such as the administration of endotoxin or bacteria into rodents by injection, so CLP is suggested as a gold standard for the initiation and investigation of sepsis pathogenesis [21].

Ertugliflozin is an efficient and eclectic inhibitor for Sodium-Glucose Cotransporter 2 (SGLT2), which reabsorb about 90% of glucose from glomerulus filtration [22], increasing the urinary excretion of glucose and reducing blood glucose concentration without the need for extreme insulin secretion [23]. It is a novel anti-diabetic medication developed in the latest year. Ertugliflozin was approved by Food and Drug Administration Agency (FDA) in December 2017. This drug is an effective oral medication for patients with type II diabetes mellitus [24], used as an adjuvant to exercise and diet in patients (≥18 years). It is suggested as monotherapy in patients with contraindications and/or intolerant to metformin. Also, it can be combined with other antihyperglycemic agents (more commonly metformin and Dipeptidyl Peptidase 4 [DPP-4] inhibitors) to help further reduce HbA1c. Ertugliflozin is not approved for the treatment of type I diabetes and in patients with renal failure and ketoacidosis [25]. Body

weight and blood pressure are markedly reduced in diabetic patients using ertugliflozin [26]. Clinical trials show that ertugliflozin is well tolerated and free from significant adverse effects [27]. Its safety is comparable to other agents in the same class (i.e., these agents are associated with urinary tract infection, hypotension, genital mycotic infection, lower limb resection, and ketoacidosis). As ertugliflozin is newly approved, so related risks and adverse effects are under collection [28]. SGLT2 inhibitor drugs were validated in a variety of animal experiments to lower pro-inflammatory cytokine levels [29,30].

Clinicians lack efficient therapeutic regimens for ALI and ARDS patients. There are many anti-inflammatory drugs available traditionally, but they are associated with systemic adverse effects that make their use for ALI/ARDS limited [30]. According to our knowledge, this is the first study on the potential effect of ertugliflozin in acute lung injury during endotoxemia.

This study aimed to explore how ertugliflozin protects against acute lung injury caused by endotoxemia.

### **Materials and Methods**

This research was conducted in the Department of Pharmacology & the Middle Euphrates Centre for Cancer Research at the Faculty of Medicine, University of Kufa, Iraq, between 10 February and 30 September 2022. The study was approved by the Bioethical Committee at the University of Kufa, as well as its demonstration in the Faculty of Medicine was authorized (ethical approval number 2933 on 2/2/2022). Throughout the proceedings, the Committee's recommendations were followed.

# Animals and study design

Albino Swiss mice (N=20), weighing 20–35 g on average and maturing at 9–13 weeks, were purchased from the Faculty of Science's Animal Resources Centre at the University of Kufa. Animals were housed at a constant temperature of 25°C with a humidity level of 60-65% and a 12 h light/dark cycle. The mice were divided into 4 groups of five mice each:

- Sham group: anaesthetized with laparotomy surgery without CLP
- Sepsis group: CLP was performed.
- Vehicle group: mice were given an equal volume of Dimethyl Sulfoxide (DMSO) orally (PO) daily for one week before CLP
- Ertugliflozin pre-treated group: mice received a 20mg/kg ertugliflozin once daily PO for one week before CLP [31].

# **Experimental procedure**

Mice were sedated intraperitoneally with 100 mg/kg ketamine (Bremer Pharma GMB; Germany) and 10 mg xylazine (V.M.D; Belgium). The cecum was identified after a 1-2 cm median abdominal

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laparotomy. The cecum then was ligated directly under the ileocecal valve & perforated with a needle (G-20) twice, reverted to its normal position. Then, the abdomen had sutured by 5.0 medical suture. Every 4 h for 24 h, mice were tested for various illness indicators before being returned to their cages [32, 33].

# **Preparation of Ertugliflozin**

Ertugliflozin powder (Med Chem Express; USA) was prepared by dilution in DMSO (Abu Dhabi medical; UAE) and Corn Oil (Sigma-Aldrich Co.; USA) in the concentration of 50 mg/ml and administered orally in a dose of 20mg/kg/day for 7 days before CLP [31].

# Measurement of inflammatory and oxidative stress mediators

Tissue homogenization for IL-6, IL-1 $\beta$ , TNF- $\alpha$ , MIF, TLR4 and F2-isoprostane measurements were done as following [34]:

The lung was washed with a 0.9% sodium chloride solution to remove any RBCs or clots before being conserved at -80 C deep freeze. Lung sections were homogenized employing an elevated ultrasonic liquid processing in 1:10 (weight/volume) phosphate buffer saline (PBS; Sigma-Aldrich; USA), PBS with 1% Triton X-100 (Abo LTD; Switzerland) and 1% protease inhibitor cocktail (MedChemExpress MCE®; USA) [35]. The lysates were then centrifuged at 10,000 rpm for 10 min, and the supernatants were then utilized to measure the above inflammatory mediators by Elisa kit for mice specific for each mediator (Bioassay®; China). Instructions of kit manufacture were followed in measurements, and the device used was Bio Elisa Reader (Bio/tek-Instruments. Inc.; USA).

# Tissue preparation for histopathology

The other area of the lung tissue sample was immersed in 10% formalin, dehydrated in various alcohols, cleaned in xylene, and embedded in a paraffin block. Tissue slide slices were subsequently cut into 5 mm-thick horizontal lines and stained with Hematoxylin and Eosin (H&E) dye before being sent to a histopathologist for histological examination [36]. Lung tissue injury was assessed blindly by competent pathologists using four randomly selected areas. The sections were graded using a scale constructed to determine the degree of lung injury. The histopathological examination was carried out at original magnifications of X400 and was evaluated based on the percentage of tissue damage in this fashion [37]:

Score zero: normal tissue architecture Mild, Score 1: <25% damage Moderate, Score 2: 25-50% damage Severe, Score 3: 50-75% damage

# Highly severe, Score 4: 75-100% damage **Statistical analysis**

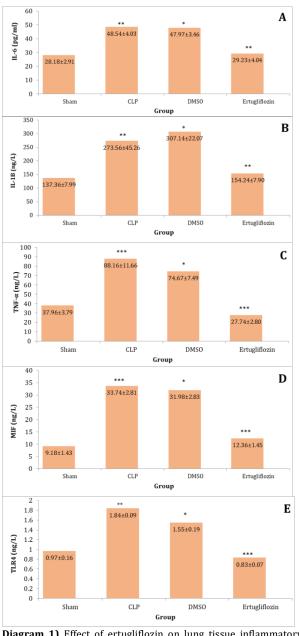
SPSS software version 26 was used to analyzedata. The information was presented as mean and standard error (SEM). Multiple group comparisons were made using the one way ANOVA, which was followed by a post-hoc analysis using the Bonferroni

correction. Differences in mean scores for histopathological alterations of lung tissue were analyzed using the Kruskal-Wallis test. P values under 0.05 were deemed statistically significant in each test.

# **Findings**

### Effect of ertugliflozin on inflammatory mediators

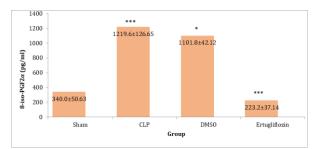
The sepsis and vehicle groups were compared to the mice in the sham group, and it was shown that the lung levels of IL-6, IL-1 $\beta$ , TNF- $\alpha$ , Macrophage migration inhibitory factor (MIF), and TLR4 were significantly higher in CLP and DMSO groups (p<0.05). Levels of these mediators in the ertugliflozin pretreated group were significantly (p<0.05) reduced (Diagram 1A-E).



**Diagram 1)** Effect of ertugliflozin on lung tissue inflammatory mediators. (A) IL-6, (B) IL-1 $\beta$ , (C) TNF- $\alpha$ , (D) MIF, (E) TLR4. Data expressed as mean  $\pm$  SEM. All comparisons are between CLP & other groups, \*p>0.05, \*\*p<0.05, \*\*p<0.0001.

# Ertugliflozin attenuated oxidative stress (8-iso-PGF2 $\alpha$ ) in lung tissue.

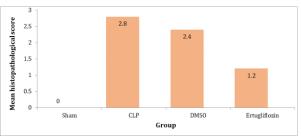
Compared to the sham group, mice in the CLP and DMSO groups showed a significant rise in lung tissue levels of 8-iso-PGF2. The amount of this mediator in the lung tissue was dramatically lowered by ertugliflozin pre-treatment (Diagram 2).



**Diagram 2)** Effect of ertugliflozin on lung tissue oxidative mediator. All comparisons are between CLP & other groups, \*p>0.05, \*\*p<0.05, \*\*\*p<0.001.

### Effect of Ertugliflozin on lung histopathology

Lung specimens of mice in sham group appeared without histological changes, and there were no alterations in alveoli and their walls, normal air spaces and bronchioles. Additionally, there were no signs of lung inflammation like edema and hyperemia (Figure 1A). CLP group revealed massive lung damage in which macrophages and neutrophils were seen within the alveoli. Furthermore, lung tissue vessels appeared to be congested with the development of interstitial edema and hyperemia. Additionally, extravasated RBCs in the alveoli and interstitium were also noticed with the highest histopathological score (2.8) (Diagram 3 and Figure 1B). Lung injury was also revealed in mice of the DMSO group with the progression of congestion, hyperemia, and interstitial **Besides** edema. these changes. perivascular inflammation and accumulation of macrophages and neutrophils in the alveoli also had been observed with a histopathological score of 2.4 (Diagram 3 and Figure 1C).



**Diagram 3)** Mean histopathological score of lung tissue for the experimental groups. CLP and vehicle groups compared to sham group, p< 0.05 (significant), ertugliflozin compared to CLP and DMSO group, p<0.05 (significant).

Concurring with the potential protective effects of ertugliflozin, the histopathological score (1.2) was significantly diminished in this group (p<0.05). Ertugliflozin pretreated group exhibited mild alterations in lung tissue architecture. Damaging in

lung tissue confined to a very mild accumulation of neutrophils and macrophages within the alveoli with focal vascular congestion and hyperemia, suggesting a mild degree of inflammation according to Zahran *et al.*'s scoring scale of sepsis severity [37] (Diagram 3 and Figure 1D).

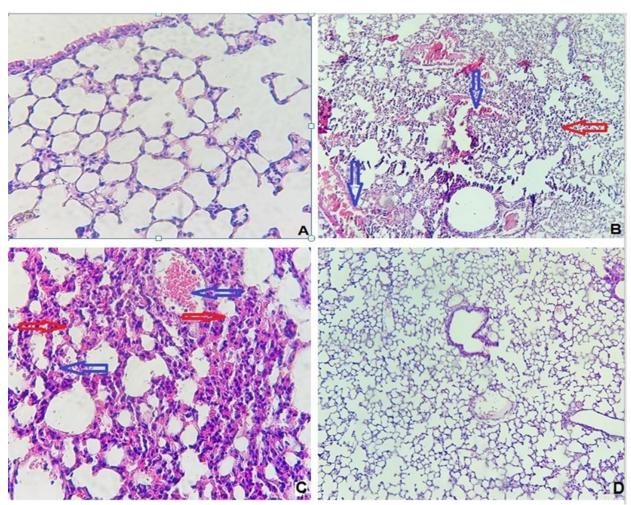


Figure 1) Histological examination of lung tissue A: sham group (400X). B: CLP group showed severe mixed inflammatory cells infiltration mainly neutrophils and macrophages (red arrows) with hemorrhage, hyperemia &congestion (blue arrows) (100X). C: DMSO group with severe intra-alveolar inflammation rich in macrophages & neutrophils (red arrows) with perivascular inflammation, hyperemia (blue arrows) and extravasation of RBCs (400X). D: Ertugliflozin treated mice, the lung tissue showed very mild, focal interstitial inflammation (400X).

#### Discussion

The condition known as sepsis describes the body's systemic immunological response to an invading pathogen, which may result in organ damage or even death [38]. Progressive lung function impairment and susceptibility to intrapulmonary infection are prominent sepsis complications among multi-organ failure. In similar circumstances, ARDS frequently develops [39]. In this novel study, we assessed for the first time the potential protective effects of ertugliflozin on ameliorating lung dysfunction due to sepsis caused by the CLP model.

According to our results, inflammatory mediators (IL- 6, TNF- $\alpha$ , IL-1 $\beta$ , MIF, TLR4 & 8-iso-PGF2 $\alpha$ ) were elevated in lungs of sepsis and vehicle groups. Our results are in line with a study conducted by Wang *et al.* and clarified that paclitaxel protects the mice lung from acute injury following CLP where the

concentrations of IL-6, IL-1B, and TNF-  $\alpha$  were markedly elevated in the sepsis group [40].

Furthermore, Xue and Li <sup>[41]</sup> found that the lung levels of IL-6 and TNF- $\alpha$  were considerably increased in the sepsis group of rats after the CLP procedure. Also, Kong *et al.* found that the levels of IL-6, IL-1B, and TNF- $\alpha$  in CLP-challenged mice were significantly increased in Bronchoalveolar Lavage Fluid (BALF) <sup>[42]</sup>. Xu *et al.* showed that the level of MIF was markedly high in BALF of mice due to LPS sepsis which is consistent with our investigation <sup>[43]</sup>.

TLR4 is essential for LPS responsiveness and is included in the body's defense against G -ve organisms [44]. Through myeloid differentiation factor 88, the TLR4 activates the NF- $\kappa$ B protein, which stimulates the genes that encode pro-inflammatory mediators like TNF-  $\alpha$ , NO, and IL-6. They play a vital role in the regulation of inflammatory reactions [45].

In our current study, TLR4 was significantly elevated following CLP induction of sepsis. These findings continued with many other types of research. Yuqing *et al.*, in their investigation on the prophylactic effect of dexmedetomidine on rat's lung, showed that TLR4/MyD88 expressions were noticeably enhanced following CLP [46].

8-iso-PGF2- $\alpha$  level in lung tissue homogenates was dramatically increased in the CLP mice group. Our finding is in settlement with the study performed by Duan *et al.* in which oxidative stress markers were elevated considerably on LPS stimulation [47]. This marker also appeared to be increased in the lung after CLP injury while studying the preserving effects of zileuton on the lung by Al-Nafakh *et al.* [48].

SGLT-2 inhibitors, in addition to their effectiveness in lowering blood sugar, also have protective impacts in many disorders like CVD and renal injury [49, 50].

Our study demonstrated that pro-inflammatory mediators were reduced by ertugliflozin. This, in line with Saxena *et al.*, showed that ertugliflozin effectively decreases LPS induced IL-1 $\beta$  secretion in lung cells <sup>[29]</sup>. Lin *et al.* investigated that serum and Broncho-alveolar lavage levels of TNF-alpha, IL-1 $\beta$ , and IL-6 were obviously reduced in the canagliflozintreated group as compared to the LPS group <sup>[30]</sup>. A meta-analysis of 23 clinical studies (15 randomized plus 8 observational) of SGLT-2I agents exhibited a consistent decline in biomarkers of inflammation (IL-6 and TNF- $\alpha$ ) and oxidative stress (8-iso-PGF2 $\alpha$  and 8-hydroxy-20-deoxyguanosine) <sup>[51]</sup>.

Abd El-Fattah et al. revealed that dapagliflozin used in LPS-produced ALI results in a substantial decrease in the level of P65 subunit of NF-kB that cause inhibition of NF-kB signaling pathway involving TNF- $\alpha$ , level of NLRP3 in addition to IL-1 $\beta$  [52]. Huang *et al.* demonstrated a cross-link between AMPK and NF-κB signaling, where found that AMPK signaling results in the suppression of the NF-kB pathway and, as a result, the expression of pro-inflammatory markers also depressed [53]. Ertugliflozin may also suppress the pro-inflammatory mediators by the same mechanisms above. Based on previous findings about ertugliflozin and other SGLT-2Is, we hypothesize that ertugliflozin can modulate AMPK/NF-κB pathway NLRP3 inflammosome, which may be responsible for its anti-inflammatory effects. To the best of our knowledge, no data existing about the effect of ertugliflozin on these pro-inflammatory cytokines in lung injury sepsis.

In this novel study, ertugliflozin decreased TLR4 in lung tissue. There were insufficient studies about the protective and anti-inflammatory effects of ertugliflozin on different organs as a drug were approved by FDA in 2017, and so the exact mechanism by which it decreases the TLR4 and the other pro-inflammatory cytokines was not fully understood and requires further investigations. However, other SGLT-2 inhibitors exert their anti-inflammatory effects by inhibiting of TLR4/NF- κΒ

pathway. For instance, Panchapakesan et~al. showed that empagliflozin reverse glucose-induced increase in TLR4/NF- $\kappa$ B levels in human tubular cells [54]. Ashrafi Jigheh et~al. investigated that empagliflozin effectively reduced TLR4 in kidney tissues, and this reduction goes together with diminished NF- $\kappa$ B activity [55]. To the best of our knowledge, no data exist about the effect of ertugliflozin on TLR4 in sepsis-induced lung injury.

SGLT2Is newly recognized as a powerful antioxidant drug that can save the tissues versus oxidative damage, not only due to their anti-hyperglycemic effects but also by depressing the free radical production as presented by the outcomes in kidney tissues of streptozocin-induced diabetic rats [56, 57]. Sugizaki et al. showed that gliflozins enhanced the redox condition and reduced oxidative impairment in diabetic mice nourished high-fat diet [58]. Gliflozins can affect the production of free radicals via direct and indirect mechanisms [59]. Free radicals are generated as a result of the action of a pro-oxidant peroxidation, enzyme, lipid mitochondrial alterations. impairment, hemodynamic activation of protein kinase C [60]. Dapagliflozin decreased the production of free radicals through the inhibition of NADPH oxidase and enhanced the hemodynamic state, as exhibited in other studies [61, 62]. Kawanami et al. found that Nox4 expression is suppressed following SGLT2Is administration, which results in a decrease in a free radical generation that leads to the inhibition of diabetic nephropathy due to the decline of oxidative stress [63]. Reno-protective empagliflozin potentials of suggested Gangadharan Komala et al. versus oxidative stress may be due to its glucose-lowering effects [64]. Thus, previous studies supported the influence of SGLT2Is in reducing oxidative stress via adjustment of prooxidant enzymes like Nox, nitric oxide synthase of the endothelium, and xanthine oxidase via modification of their expression [63, 65]. Furthermore, there were 23 clinical studies recognized involving contributors (in 4 studies) that 201 patients with oxidative stress treated with gliflozins. In 75% of these examinations, 8-iso-PGF2α levels were significantly decreased following the use of SGLT-2 inhibitors [66-68]. Data from this meta-analysis study support our finding that SGLT2 inhibitors (Ertugliflozin) reduce oxidative stress markers. To the best of our knowledge, no data exists about the effect of ertugliflozin on 8-isoPGF2a in lung injury sepsis.

In the current study, we found that the sepsis and vehicle groups had significantly more lung tissue damage than the sham group. Sepsis and the vehicle group had the highest histopathological damage scores. Histopathological observations in the CLP and DMSO groups were related to acute and extensive infiltration of inflammatory cells in the alveolar spaces and interstitium, in addition to congestion and extravasation of RBCs. The alveolar wall became

thicker with edema and patchy hemorrhage, and also hyaline membrane was formed compared to the sham group.

Our findings are consistent with the research of Zhou et al., which showed that LPS-challenged mice exhibited severe grades of inflammatory cell penetration, interstitial edema, and within the alveoli in addition to thickening in the septum of alveoli [69]. Ertugliflozin pretreatment considerably decreased mononuclear inflammation and another pathological abrasion resulted from the LPS challenge. In the current study, the lung injury score of the drug in the CLP group was 1.6 times higher than that of the ertugliflozin group. This indicated that ertugliflozin pretreatment efficiently attenuated the injury score of the lung. So the histopathological score was significantly reduced (p<0.05) in mice receiving the drug. This diminished pathological score in CLP+ ertugliflozin group supported our novel finding that this drug potentially has lung protective effects where it decreased penetration of inflammatory cells into the lungs, hyperemia, edema, and congestion. As far as we know to date, no sufficient studies are available about protective effects of ertugliflozin on lungs with sepsis. However, many SGLT2I agents produced the same effects as our drug on the lungs. Lin et al. demonstrated that canagliflozin, an SGLT2I analog, manifested normal morphology of the lung with decreased lung pathological score in LPS+ Cana than in the LPS group alone [30]. Abd El-Fattah et al. presented that lung specimens with dapagliflozin, an SGLT2I analog, exhibited no histological changes in bronchioles, airspaces, and alveoli compared to rats exposed to LPS [52].

**Limitations of the study:** This experimental study in a mouse model used ertugliflozin in a dose of 20 mg/kg/day, so further research with other doses and longer duration are recommended. The pulmonary protective effect of this drug demonstrated in our study was mediated by TLR4 downstream signaling pathways, including NF-κB cascades. Additional studies for other possible mechanisms are needed. Future studies must investigate diabetic patients with sepsis, already under treatment with ertugliflozin.

# Conclusion

Ertugliflozin attenuates lung dysfunction during endotoxemia in male mice via downstream inflammatory and oxidative stress signaling pathways.

**Acknowledgements:** The authors thank the Department of Pharmacology and Therapeutics, Faculty of Medicine, University of Kufa.

**Ethical Permission:** The study was approved by the Bioethical Committee at the University of Kufa, as well as its demonstration in the Faculty of Medicine was authorized (ethical approval number 2933 on 2/2/2022). Throughout the proceedings, the Committee's recommendations were followed.

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**Conflict of Interests:** All authors declare that there is no conflict of interest in the study.

**Authors' Contribution:** Abd Uljaleel AQ (First Author), Introduction Writer/Main Researcher/Discussion Writer (50%); Hassan ES (Second Author), Methodologist/Assistant Researcher/Statistical Analyst (50%)

**Funding:** This is a self-funded study. All authors participated in the costs.

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