



# Frequency of Inducible Clindamycin Resistance in *Staphylococcus haemolyticus* Isolated from Surgical Wounds Infections Using D-test and Molecular Methods in Al-Basrah, Iraq

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## ABSTRACT

**Aims** *S. haemolyticus* is generally considered an opportunistic pathogen that is strongly associated with immunocompromised individuals. *S. haemolyticus* is ranked as a highly antibiotic-resistant pathogen for various types of antibiotics. Current study aimed to investigate the frequency of inducible clindamycin resistance in *S. haemolyticus* isolated from surgical wounds infections using D-test and molecular methods in Al-Basrah, Iraq.

**Materials & Methods** 200 surgical wound swabs were collected from Ports General Hospital in Basrah, Iraq. The coagulase-negative staphylococcal strains were identified using methods like oxidase, catalase, hemolysis, and coagulase tests and confirmed by Vitek@2 system. Methicillin resistance and inducible clindamycin resistance were detected according to disk diffusion method based on CLSI guidelines. Moreover, molecular approaches was performed to confirm methicillin and inducible clindamycin resistance results.

**Findings** Out of 200 cases, 75 surgical wound swabs (37.5%) showed positive bacterial cultures. The highest frequency of isolates belonged to *Pseudomonas aeruginosa* (25.3%), *Staphylococcus epidermidis* (17.3%), *Staphylococcus aureus* (14.7%) and *Escherichia coli* (13.3%), respectively. Out of eight *S. haemolyticus* isolates, only 5 isolates (62.5%) showed inhibitory resistance criteria for both oxacillin and ceftioxin. Furthermore, 3 *S. haemolyticus* isolates (37.5%) were erythromycin-resistant and clindamycin sensitive with D-test positive with iMLS<sub>B</sub> resistance phenotype. While 2 isolates (25.0%) showed cMLS<sub>B</sub> resistance phenotype and 3 (37.5%) isolates were shown MS<sub>B</sub> resistance phenotypes. The most frequent resistance genes of *S. haemolyticus* strains were *mecA* (62.5%), *ermA* (62.5%), *ermB* (50.0%), respectively.

**Conclusion** D-test and molecular technique are appropriate for detection of inducible clindamycin resistance in *S. haemolyticus* strains.

**Keywords** Staphylococcus haemolyticus; Multiple Drug Resistance; Methicillin Resistance; Clindamycin

## CITATION LINKS

[1] Methicillin-resistant Staphylococcus ... [2] Assessment of antibacterial ... [3] Global patterns of cancer ... [4] Colonization pattern of coagulase-negative staphylococci ... [5] Whole genome sequencing revealed ... [6] Investigation of glycopeptide ... [7] Staphylococcus haemolyticus-an emerging ... [8] Pathogenesis of Staphylococcus ... [9] Diversity of plasmids and ... [10] Multiplex PCR assay to identify ... [11] Prevalence of methicillin-resistant ... [12] Characterization of clinical ... [13] Nosocomial spread of linezolid-resistant ... [14] Antimicrobial resistance in nosocomial ... [15] Catheter related recurrent ... [16] Clinical infections, antibiotic ... [17] The antimicrobial susceptibility ... [18] Staphylococcus haemolyticus ... [19] Whole-genome sequencing ... [20] Staphylococcus colonization ... [21] Characterization and antimicrobial susceptibility ... [22] Evaluation of prevalence of inducible ... [23] Detection of constitutive- and ... [24] Practical disk diffusion method ... [25] Distribution and expression of macrolide ... [26] Pattern of infection and antibiotic ... [27] Coagulase-negative ... [28] Prevalence and molecular determinants ... [29] Impact of insertion sequences ... [30] Staphylococcus haemolyticus as ... [31] Whole-genome sequencing ... [32] Non-susceptibility trends among staphylococci ... [33] Recommended minimal standards for ... [34] Performance standards for antimicrobial ... [35] Identification of methicillin-resistant ... [36] Distribution of genes encoding ... [37] Patterns of multidrug resistance ... [38] Antimicrobial resistance and production ... [39] Biofilm formation in medical ... [40] Molecular characteristics of ... [41] Detection of inducible clindamycin ... [42] Prevalence of inducible ... [43] Use of the D test method to detect ... [44] Detection of inducible clindamycin ... [45] Prevalence of methicillin resistance ... [46] High prevalence of Staphylococcus ...

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## Introduction

Since the 1950s, Coagulase-Negative Staphylococci (CoNS) have been recognised as an important cause of human infection [1, 2]. CoNS are common skin commensals that start to colonize the body surfaces very early in life. After 48 h of birth, about 100% of infants acquire CoNS during passage through the birth canal or by contacting nursery personnel [3]. The most common colonizing species are *Staphylococcus epidermidis*, *Staphylococcus warneri*, and *Staphylococcus haemolyticus* [4]. *S. haemolyticus*, together with *S. epidermidis* and *S. hominis*, were the prevalent staphylococci species detected in surfaces that are touched at a high frequency in the community and hospitals in London [5]. Similarly, *S. haemolyticus* and *S. epidermidis* were the most common CoNS isolates (34% and 27%, respectively) detected in different hospital wards in Iran [6].

Coagulase negative staphylococcus is often underestimated as the etiological factor of human infections. One important specie in this group is *S. haemolyticus*. After *Staphylococcus epidermidis*, *S. haemolyticus* is the second most frequently isolated coagulase-negative staphylococcus from clinical cases, primarily from blood infections [7].

*S. haemolyticus* is one of the coagulase-negative staphylococci that is abundantly found as a common microbiota on the skin. *S. haemolyticus* is generally considered as the second leading opportunistic pathogen among CoNS after *S. epidermidis* that associated with immunocompromised individuals, especially those who are hospitalized or suffered from exposure to medical devices worldwide [7, 8].

*S. haemolyticus* causes severe infections in several body systems, including meningitis, endocarditis, prosthetic joint infections and bacteremia and is prevalent in the hospital environment and on the hands of healthcare workers. *S. haemolyticus* is also known to cause septicemia, peritonitis, otitis media and Diabetic Foot Ulcer (DFU) infections [9, 10].

Even though the virulence of *S. haemolyticus* is lesser than *S. aureus*, which means that its potential to cause severe infections is lower, yet it has the ability to acquire resistance against multiple antimicrobial agents [11]. *S. haemolyticus* is notably more resistant to antibiotics than any other coagulase negative staphylococcus, and the widest spectrum of resistance was observed among strains isolated from the hospital environment [12, 13]. Taking into consideration its adaptability and the ability to survive in the hospital environment, especially on medical devices, *S. haemolyticus* has become one of the major agent in nosocomial infections caused by multi drug resistant Staphylococci [14]. The prolonged hospitalization, invasive procedures and exposure to multiple antibiotics can result in alteration of normal skin/mucous microbiota which leads to a highly adaptable Linezolid (LNZ) resistant MRSH (Methicillin Resistance *Staphylococcus haemolyticus*) [15].

*S. haemolyticus*, especially strains that cause nosocomial infections, are more resistant to antibiotics than other coagulase-negative staphylococci. There is clear evidence that the resistance genes can be acquired by other staphylococcus species through *S. haemolyticus* [16].

One of the characteristics of *S. haemolyticus* is its ability to form biofilm, which plays an essential role in causing infection. The produced exopolysaccharides can inhibit the growth of other bacteria and also decrease their ability to form biofilms [17, 18]. This species has gained an increased clinical significance due to its genome plasticity, which allowed a great adaptation and development of resistance to different antibiotics, including methicillin and its ability to survive in the hospital environment [19].

Antimicrobials Macrolide-Lincosamide-Streptogramin B (MLS<sub>B</sub>) family are commonly used to treat skin and soft tissue infections caused by CoNS [20], and also as a penicillin substitute in individuals who are allergic to penicillin [21]. Resistance to antibiotics in the MLS<sub>B</sub> family could be either constitutive (cMLS<sub>B</sub>) or inducible (iMLS<sub>B</sub>) [22, 23]. Although rRNA methylase is only produced in the presence of an inducing agent, which can also be another antibiotic from MLS<sub>B</sub> family, like erythromycin, or macrolide, and rRNA methylase is frequently created in the absence of an inducing agent in constitutive resistance [22, 23]. Since erythromycin generates iMLS<sub>B</sub> resistance, when using an erythromycin disc in relatively close proximity to a clindamycin disc (D-test) assists in capable of detecting this form of resistance in CoNS. Clindamycin is widely used to treat staphylococcal infections, particularly those of the skin and soft tissues, as well as to substitute penicillin in individuals who are allergic to penicillin [24, 25]. Clindamycin treatment could fail if iMLS<sub>B</sub> resistance isn't established [23, 26, 27].

Inducible or constitutive resistance to MLS<sub>B</sub> is conferred by *erm* genes. The structural genes can be produced inducibly or constitutively, and mutations in the regulatory area of genes are common, resulting in inducible resistance becoming constitutive resistance [25, 28].

The factors that affect the survival and spread of multi-drug resistant *S. haemolyticus* isolates in hospitals are not completely known. Bouchami *et al.* reported that the insertion sequence transposition (mainly IS1272) and chromosomal rearrangement and recombination processes in *S. haemolyticus* is one strategy that helps in the bacterial evolution, adaptation, pathogenesis, and survival in the hospitals, hence causing nosocomial infections [29].

Recently, several studies have focused on clinical isolates of *S. haemolyticus* due to their multidrug resistance characteristics among coagulase-negative staphylococci against various antibiotics, including penicillins, tetracyclines, cephalosporins,

macrolides, aminoglycosides, and quinolones. *S. haemolyticus* may delete and add genes due to its ability to insert sequences, leading to frequent genetic rearrangement and drug resistance [28-30]. Furthermore, antimicrobial resistance of *S. haemolyticus* colonizes in both hospitalized patient's skin and mucous membranes, acting as a reservoir for antibiotic resistance genes, which lead to limited options for treatment [28]. The existence of a large fragment of foreign DNA called the Staphylococcal Chromosomal Cassette *mec* (*SCCmec*) in the chromosome distinguishes methicillin-resistant *S. haemolyticus* isolates from methicillin-susceptible isolates.

A Penicillin-Binding transpeptidase PBP2A, with low affinity for  $\beta$ -lactams, is encoded by the *mecA* gene [21, 29]. The existence of two essential loci distinguishes the *SCCmec* element: the *mec* gene complex, which contains *mecA* and its regulation, and the *ccr* gene complex, which encodes recombinases and is responsible for *SCCmec* mobility [29].

Over recent years, different investigators have described an increasing frequency of multidrug-resistant strains of *S. haemolyticus* [12, 31, 32].

Current study aimed to investigate the frequency of inducible clindamycin resistance in *S. haemolyticus* isolated from surgical wounds infections using both D-test and molecular methods in Al-Basrah, Iraq.

## Materials and Methods

### Samples collection

200 surgical wound swabs were collected from September 2020 to November 2020 from Ports General Hospital in Basrah, Iraq.

### Isolation and identification of bacterial strains

The conventional isolation and identification methods were used to identify CoNS strains according to the minimal standards recommended by Freney *et al.* [33]. Surgical wound swabs were cultured in blood agar, chocolate agar and heart infusion agar. As a preliminary scan to identify the isolates, the isolates were examined using gram staining and several conventional biochemical tests including oxidase, catalase, hemolysis types, and coagulase production tests. The identified strains were confirmed by the Vitek@2 system.

### Detection of methicillin-resistant *S. haemolyticus* isolates

According to Clinical and Laboratory Standards Institute (CLSI) guidelines [34], cefoxitin (30  $\mu$ g) disc (Bioanalyse; Tukey) was used to detect methicillin resistance *S. haemolyticus* isolates.

### Detection of inducible clindamycin resistance in *S. haemolyticus* isolates

According to CLSI guidelines [34], clindamycin (2 $\mu$ g) and erythromycin (15 $\mu$ g) discs (Bioanalyse, Tukey) were used to detect inducible clindamycin resistance strains as the first step, and Vitek@2

system was used to confirm the results.

### DNA extraction

Genomic DNA of *S. haemolyticus* isolates was extracted using Presto™ Mini gDNA Bacteria Kit (Geneaid, USA). The purity of the extracted DNA was measured and a purity ratio between 1.8 and 2.0 was accepted.

### Detection of antibiotic resistance genes

The emergence of antibiotic resistance genes of *S. haemolyticus* isolates was investigated using Polymerase Chain Reaction (PCR) method (Table 1).

**Table 1)** The resistant genes used in this study

Gene	Sizes (bp)	PCR program
<i>mec A</i>	533	Based on Murakami <i>et al.</i> 's method [35]
<i>erm A</i>	421	
<i>erm B</i>	359	Based on Lina <i>et al.</i> 's method [36]
<i>erm C</i>	572	

## Findings

### Identification of the bacterial strains

Out of 200 cases, 75 surgical wound swabs (37.5%) showed bacterial growth in blood agar, chocolate agar and heart brain infusion agar. The highest frequency of isolates belonged to *Pseudomonas aeruginosa*, followed by *Staphylococcus epidermidis*, *Staphylococcus aureus* and *Escherichia coli*, respectively (Table 2).

**Table 2)** Frequency distribution of bacterial isolated from surgical wound swabs

Isolates	No. (%)
<i>Pseudomonas aeruginosa</i>	19 (25.3)
<i>Staphylococcus epidermidis</i>	13 (17.3)
<i>Staphylococcus aureus</i>	11 (14.7)
<i>Escherichia coli</i>	10 (13.3)
<i>Staphylococcus haemolyticus</i>	8 (10.7)
<i>Klebsiella pneumonia</i>	6 (8.0)
<i>Acinetobacter baumannii</i>	3 (4.0)
<i>Acinetobacter indicus</i>	2 (2.7)
<i>Staphylococcus xylosus</i>	2 (2.7)
<i>Burkholderia cepacia</i>	1 (1.3)

### Antibiotic resistance patterns of *S. haemolyticus* isolates

Out of eight *S. haemolyticus* isolates, only 5 isolates (62.5%) showed inhibitory resistance criteria for both oxacillin and cefoxitin and were classified as MRSH (Methicillin Resistance *Staphylococcus haemolyticus*) isolates. While the rest of *S. haemolyticus* isolates (37.5%) showed sensitive criteria for oxacillin and cefoxitin and were classified as MSSH (Methicillin Sensitive *Staphylococcus haemolyticus*) isolates (Table 3).

On the other hand, out of eight isolates, 3 isolates (37.5%) were erythromycin-resistant and clindamycin sensitive with D-test positive. These isolates showed induced Macrolide-Lincosamide-Streptogramin B (iMLS<sub>B</sub>) resistance phenotype. While 2 isolates (25.0%) showed constitutive MLS<sub>B</sub>

(cMLS<sub>B</sub>) resistance phenotype and 3 (37.5%) isolates were shown Macrolide-Streptogramin B (MS<sub>B</sub>) resistance phenotypes (Table 4).

**Table 3)** MRSH and MSSH patterns of *S. haemolyticus* isolates

Isolates number	MRSH		MSSH	
	Oxacillin	Cefoxitin	Oxacillin	Cefoxitin
Isolate 1	R	R	-	-
Isolate 2	R	R	-	-
Isolate 3	-	-	S	S
Isolate 4	R	R	-	-
Isolate 5	-	-	S	S
Isolate 6	R	R	-	-
Isolate 7	R	R	-	-
Isolate 8	-	-	S	S
<b>Total</b>	<b>n=5</b>		<b>n=3</b>	

MRSH: Methicillin Resistance *Staphylococcus haemolyticus*; MSSH: Methicillin Sensitive *Staphylococcus haemolyticus*

### Detection of antibiotic resistance genes

The most frequent resistance genes of *S. haemolyticus* strains were *mecA* (n=5, 62.5%), *ermA* (n=5, 62.5%), *ermB* (n=4, 50.0%), respectively, while *ermC* was found in 2 (25.0%) strains (Table 5; Figure 1).

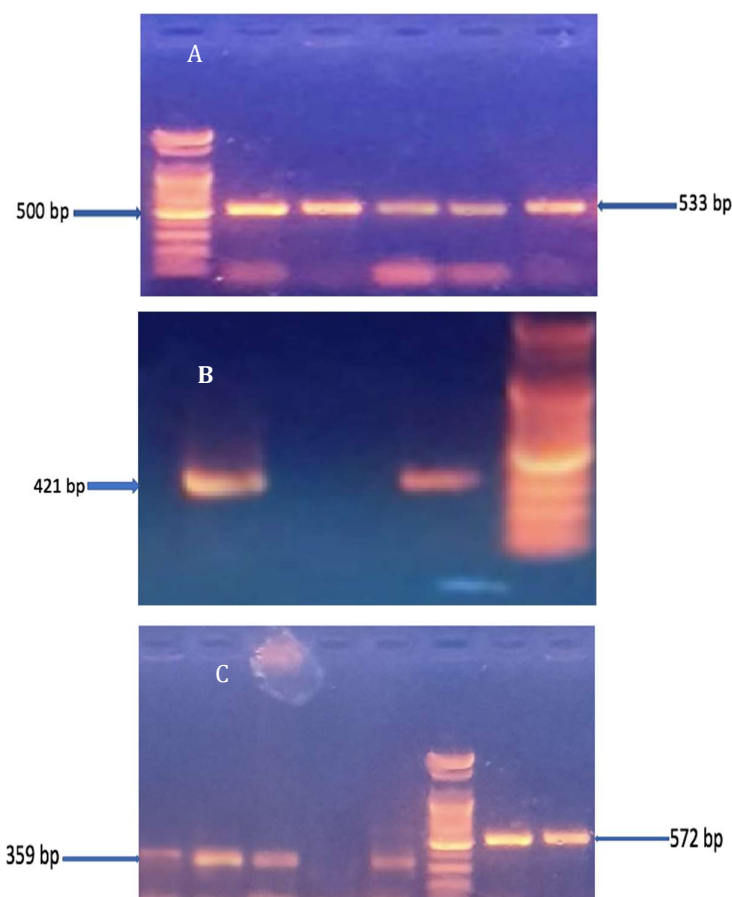
**Table 4)** Frequency distribution of cMLS<sub>B</sub>, iMLS<sub>B</sub>, and MS<sub>B</sub> phenotypes and the result of D-test for *S. haemolyticus* isolates

Susceptibility pattern	Phenotype	Isolate No. (%)
Erythromycin resistant and clindamycin sensitive with D-test negative	MS <sub>B</sub>	3 (37.5)
Erythromycin resistant and clindamycin sensitive with D-test positive	iMLS <sub>B</sub>	3 (37.5)
Erythromycin resistant and clindamycin resistant	cMLS <sub>B</sub>	2 (25.0)

cMLS<sub>B</sub>: constitutive Macrolide-Lincosamide-Streptogramin B; iMLS<sub>B</sub>: induced Macrolide-Lincosamide-Streptogramin B; MS<sub>B</sub>: Macrolide-Streptogramin B

**Table 5)** Patterns of antibiotic resistance genes in *S. haemolyticus* isolates

Isolates number	<i>mecA</i>	<i>ermA</i>	<i>ermB</i>	<i>ermC</i>
Isolate 1	+	+	-	-
Isolate 2	+	+	+	+
Isolate 3	-	-	-	-
Isolate 4	+	+	+	-
Isolate 5	-	-	-	-
Isolate 6	+	+	+	+
Isolate 7	+	+	+	-
Isolate 8	-	-	-	-



**Figure 1)** Gel electrophoresis profiles of PCR-amplified antibiotic resistance genes of *S. haemolyticus*: A) *mecA* gene, B) *ermA* gene, C) *ermB* gene (359 bp) and *ermC* (572bp); Gel electrophorophosis profiles with 2% concentration for 1 hour at 75 vol



## Discussion

Coagulase negative staphylococci are major nosocomial pathogens. *Staphylococcus haemolyticus* is the second opportunistic pathogen among CoNS after *S. epidermidis* and the third most common organism among clinical isolates of methicillin-resistant staphylococci [37]. *S. haemolyticus*, an emerging cause of nosocomial infection plays an important role in causing opportunistic infections related to medical devices [38]. The ability to form a biofilm is considered the most important virulence factor in CoNS associated infections [39].

Although *S. haemolyticus* is considered a common skin flora, the diseases caused by it have increased dramatically. The main reason is the multi-drug resistance of this bacterium, which subsequently poses serious risks to human health [28]. The worldwide spread of methicillin-resistant staphylococci alarmingly remains one of the most common hospital-acquired infections. The prevalence of hospitalized Methicillin Resistant *Staphylococcus aureus* (MRSA) and Methicillin-Resistant Coagulase Negative Staphylococci (MR-CoNS) has been recorded in various regions of the world [40].

The dramatic increment in the incidence and frequency of CoNS, as well as the ongoing health problems of methicillin resistance among staphylococci, have piqued our interest in trying to investigate the ideal treatment using clindamycin therapy. Clindamycin is considered an appropriate option, because of its tolerability, low cost, good permeability, and easy tissue entry [41].

Considerably, the common limitation of clindamycin therapy is its low ability to inhibit MR-CoNS through their inducible resistance phenotypes. Selective treatment cannot be performed without appropriate antibiotic susceptibility testing. Therefore, D-test has become a vital and crucial tool to achieve this goal [42]. Perez *et al.* [43] used the D-test method to detect inducible clindamycin resistance in CoNS and concluded that the D-test method is a simple and important technique in the detection of inducible clindamycin resistance. Jorgensen *et al.*'s study [44] demonstrated that inducible clindamycin resistance can be easily detected by disk induction testing on standard sheep blood agar plates used for verification of inoculum purity in conjunction with an automated susceptibility test system.

In Gatermann *et al.*'s study [25], out of 305 CoNS isolates, 155 (51%) isolates had constitutive clindamycin resistance, 78 (25.6%) had inducible clindamycin resistance, and 72 (23.6%) had non-inducible resistance. The prevalence of erythromycin resistance was almost 90% in *S. haemolyticus*. Also, most (63%) erythromycin-resistant isolates carried constitutively expressed *ermC* as the sole resistance determinant, with the notable exception of *Staphylococcus hominis subsp. hominis*, which carried inducible *ermC*.

*S. haemolyticus* has zoonotic character and is prevalent both in humans and animals. Ruzauskas *et al.* [11] determined the presence of MRSH in different groups of companion animals and to characterize isolates according their antimicrobial resistance. From a total of 754 samples tested, 12 MRSH isolates were obtained. The most frequent resistances of MRSH isolates demonstrated were to benzylpenicillin (91.7%) with the presence of the *blaZ* gene; erythromycin (91.7%) and clindamycin (41.7%) with the presence of *ermA*, *ermC*, and *msrA* genes; and gentamicin (75.0%) with the presence of *aac(6')-Ie-aph(2'')-Ia* and *aph(3')-IIIa* genes.

Teeraputon *et al.* [45] determined antimicrobial resistance phenotypes and drug resistance genes of clinical coagulase-negative staphylococci isolates at Mae Sot Hospital in Tak province, Thailand. A total of 229 CoNS isolates were collected from clinical specimens during two periods in 2014 and in 2015. *S. haemolyticus* was the most prevalent species (37.55%). Methicillin-resistant CoNS (MRCoNS), containing the *mecA* gene, were detected in 145 of 229 isolates (63.32%), mostly found in *S. haemolyticus* and *S. epidermidis*. Among 125 erythromycin-resistant CoNS, the prevalence of constitutive type of MLS<sub>B</sub>, inducible clindamycin resistance and macrolide-streptogramin B resistance phenotypes were 72%, 13.60% and 14.40% respectively. These phenotypes were expressed in 80% of MRCoNS strains. In addition, the *ermC* gene (79.20%) was found to be more prevalent than the *ermA* gene (22.40%), especially among MRCoNS. *S. haemolyticus* appeared in nearly half of these isolates (n=69, 47.59%), followed by *S. epidermidis*, *S. saprophyticus*, and *S. hominis*.

Kitti *et al.* [40] examined antimicrobial susceptibility patterns, antimicrobial resistance genes, and SCCmec types of methicillin-resistant *S. aureus* (MRSA) and methicillin-resistant coagulase-negative staphylococci (MR-CoNS) isolated from patients in a hospital in Northern Thailand. They found that 82.6% of MR staphylococci (96.8% of MR-CoNS isolates) were resistant to 7–10 antibiotics. More than 70% of MRSA and MR-CoNS were resistant to cefoxitin, penicillin, oxacillin, erythromycin, clindamycin, gentamicin, and ciprofloxacin. In MRSA isolates, the prevalence of *ermA* (78.3%) and *ermB* (73.9%) genes was high compared to that of the *ermC* gene (4.3%). In contrast, *ermC* (87.1%) and *qacA/B* genes (70.9%) were predominant in MR-CoNS isolates. SCCmec type III was the dominant type of MRSA (13/23), whereas SCCmec type II was more present in *S. haemolyticus* (10/18). Ten MRSA isolates with SCCmec type III were ST239, which is the common type of MRSA in Asia.

Debnath *et al.* [41] detected inducible clindamycin resistance among the erythromycin resistant CoNS isolates. According their results, among 180 CoNS isolates, predominant isolated species were *S. epidermidis* (n=75, 41.67%) and *S. haemolyticus*

(n=47, 26.11%). Out of 180 CoNS isolates, 108 (60%) showed erythromycin resistance, out of which, 29 (26.85%) isolates showed iMLS<sub>B</sub>. Among 180 CoNS isolates, 119 (66.11%) were MRCoNS isolates and 61 (33.89%) were MSCoNS isolates.

Barros *et al.* [30] used phenotypic and molecular methods to characterize the antibiotic resistance of 64 clinical isolates of *S. haemolyticus*. By PCR of the *mecA* gene, 87% were found to be methicillin resistant. Approximately 55% harbored SCC*mec* type V, and only one SCC*mec* type IV. Many isolates (75%) displayed multiresistance, and pulstotype analysis showed a high diversity.

Dziri *et al.* [46] evaluated the rate of detection of CoNS in environmental samples of 17 services in a Tunisian hospital and determined the antimicrobial resistance phenotypes and genotypes of recovered isolates. CoNS were obtained from 83 of the 200 tested samples (41.5%). *S. haemolyticus* was the most prevalent species (45.8%), followed by *S. saprophyticus* (36.1%). Methicillin-resistant CoNS were detected in 20 of the 200 tested samples (10%), and the *mecA* gene was demonstrated in 18 *S. haemolyticus*, one *S. epidermidis* and one *S. saprophyticus* isolates. Methicillin susceptible isolates were detected in 63 samples (31.5%). They reported that the high frequency of detection of multi-drug-resistant CoNS in the hospital environment, especially *S. haemolyticus* and *S. saprophyticus*, could be due to cross-transmission between patients, staff, and environment.

## Conclusion

D-test and molecular technique are appropriate for detection of inducible clindamycin resistance in *S. haemolyticus* strains and should be routinely used in antibiotic susceptibility testing to obtain a more accurate result about the appropriate antibiotic and avoid poor treatment.

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**Conflicts of Interests:** There was no conflicts

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